

# 2019-2020

## Wrestling Room Protocol

### **ATHLETES**

**GOAL:** Minimize exposure to our athletes and make sure all infectious athletes are treated as quickly as possible.

1. Activity Director will be involved in all athletes returning from skin condition issues. He will verify and make a copy of the skin release form and follow up with the medical provider as needed.
2. Activity Director will communicate regularly with wrestling coach about any needs/concerns of the wrestling program including any sanitation concerns. In addition, the Activity Director will visit wrestling practice at least once per week to observe disinfecting procedures and make sure all athletes are free of skin issues.
3. The district's athletic trainer will visit wrestling practice a minimum of two times per week, to check on the status of athletes and verify all athletes in the practice room are free of any skin issues.
4. The activity director will work with the wrestling coach and athletic trainer to manage our weigh in procedure during meets and tournaments to make skin checks a more controlled process.
5. The district will continue to provide all disinfectant supplies and equipment as needed for the room and antimicrobial soap to be used by all wrestlers after practice and competition.
6. The district will continue to purchase laundry supplies and launder the towels after practice and all school owned singlets and other items after every competition.
7. Athlete practice apparel will only be worn once and then taken home and laundered by the student athlete.