

## March 2023 Activities Report

- **The winter sports seasons** have come to a close. Each team represented our school district in outstanding fashion. We would especially like to congratulate the following individuals who were honored for their efforts:

### Girls' Basketball

Carlee Rochford  
NEIC First Team All-Conference  
Class 3A, Region 7 All-Region Team  
Class 3A, All-District Team  
Iowa Girls Coaches Association 3A -2nd team  
Iowa Print Sports Writers Association 3A- 1st Team

### Boys' Basketball

Gannon Shekleton  
1st Team All-Conference

### Wrestling

Braden McShane  
Ali Russler  
3rd place at state (220 lbs.)  
3rd place at state (145 lbs.)

- **Boys' and girls' track** are now underway. The girls' have 26 participants and the boys have 31 participants. This year we will host track meets on the following dates:  
April 13th, April 17th, May 1st, and May 4th (NEIC)
- **Girls' golf/Boys' golf/Soccer** all started on March 13th.
  - Girls golf - 10 participants
  - Boys golf - 12 participants
  - Soccer - 25 participants
  - Esports - 13 participants
- **Trapshooting** started on March 2nd.
- The **Parade of Bands** was held on March 6th.
- The **Individual District Speech** contest was held on Saturday, February 25th at Decorah HS. Jason Speltz said 5 of the 11 events made it to the state individual speech contest at Starmont HS on Saturday, March 11th.
  - Results from districts: Beth Pickar 1 in original oratory, Karla Pickar 1s in radio news and storytelling, Catherine Pethoud 1 in acting and Cherish Elliott-Larson 1 in poetry. These students go on to State. Zoey Dreckman 2 acting, Annala Elliot 2 acting, RW Pethoud 2 original oratory, Rebecca Wickman 2 poetry, Catherine Pethoud 2 improvisation, Annala Elliot 2 improvisation — these students do not advance.
  - Results from state:
    - Catherine Pethoud-Acting Straight 1s
    - Cherish Larson-Poetry Straight 1s
    - Beth Pickar-Original Oratory Straight 1s
    - Karla Pickar-Story Telling 2, 2, 1 and Radio Broadcasting 2, 2, 1
- The **Jazz Band** held a jazz dessert concert on March 3, 2023 at 7:00 PM in the high school cafeteria.
- The **Variety Show** will be held on Friday, March 31, 2023 starting at 7:00 PM.
- The **Solo and Small Ensemble Festival** will be held on Saturday, April 1st.

Congratulations to the team of Diego Salas, Jesus Vega-Cardona, and Leo Morales for earning 3rd place in the IAHSEA APEX Legends Tournament! This was the first APEX tournament put on by the IAHSEA and was a fun experience all around.

**Volunteer Coaches.**

- Shannon Maas shared that she would like to have the following people serve as volunteer soccer coaches:
  - Jeff Monteith - folder #339739
  - David Coltrain - folder #992208
- Eric Olson shared that he would like to have the following people serve as volunteer girls golf coaches:
  - Paul Ewert, DC - folder #1020654

Submitted by Scott Frerichs