

## May 2023 Activities Report

- The girls' track team finished 2nd at the NEIC track meet in New Hampton on May 4th. May 11th the girls' track team ran at Osage in the district track meet. State track will be held May 18th - 20th. Qualified: High Jump, Long Jump, Shot Put, 100m hurdles, 400m hurdles 4x400, 4x800, 100 m run, 200 m run, sprint medley
- Carlee Rochford was the Top Scorer at the District Meet.
- The boys' track team finished 6th at the NEIC track meet in New Hampton on May 4th. They participated in the district meet held at Osage on May 11th. State track will be held May 18th - 20th. Qualified: Discus
- The boys' golf team placed 1st in the sectional golf tournament at New Hampton on Wednesday, May 10th. Kyler Glenn & Jack Shawver 71s. Kam Josephson & Adam Ewert 78s. Carter Newbrough 82. Ben Gilbert 88. Team score 298 two strokes off the school record! Districts are on Monday, May 15th at Fox Ridge Golf Course in Dike. The NEIC meet was held at Cresco on Monday, May 8th where they finished 4th.
- The girls' golf team finished 1st in the NEIC meet in Waverly on May 8th.
  - This is their 8th consecutive NEIC championship. Lauren Nuss won medalist honors with a 92, Lydia Olson was 3rd, Sanja Noehl 7th, Maycen Hackman 9th, Kinsli Dahl 12th, and Molly Wegner 15th. All 6 girls earned All-NEIC honors. This is only the 2nd time in school history that this has happened.
  - The Girls team competed on Friday, May 12th at New Hampton in the 1st round regionals. Girls shot season best to beat S-F 344-346. Lauren 2nd, Kinsli 3rd, Alivia 6th, Maycen 8th, Lydia 10th, & Molly 13th. They will play at Bear Creek Golf Course in Forest City on Wednesday, May 17th.
  - State Golf is May 26/27th.
    - Finished 2A State-Runner-Ups
- State Trap Shooting will be held in Cedar Falls June 10th-12th.
- Softball and baseball are now underway. Baseball - 47 participants; Softball - 26 participants
  
- **Upcoming Events:**
  - Tuesday, May 16th                      Senior Banquet                      5:00 p.m.
  - Sunday, May 21st                      Commencement                      2:30 p.m.

Below is a list of volunteer volleyball coaches for the '23-'24 school year submitted by Jess Geerts:

Jade Fye

Cassie Hackman

Kerigan Tenge - license expires 8/31/27

Submitted by Scott Frerichs

## 2023 State Track Qualifiers

### Girls

#### High Jump

Carlee Rochford

#### Long Jump

Carlee Rochford

#### Shot Put

Claire Geerts

#### 100 M Hurdles

Carlee Rochford

#### 400 M Hurdles

Taylor Ries

#### 4x400

Taylor Ries

Carlee Rochford

Kinsley Hackman

Hailee Pesek

#### 4x800

Natalie Nosbisch

Megan Pickar

Ella Knutson

Tegan Dungey

#### 100

Hailee Pesek

#### 200

Hailee Pesek

#### Sprint Medley

Kinsley Hackman

Madi Shawver

Taylor Ries

Hailee Pesek

### Boys

#### Discus

Marshall Zeien